



# FORT REPORT

The Quarterly Newsletter of Fort Transfer

## Safety Message

by Brian Freeman

Vehicle crashes are the **leading cause of death** for people in the United States between the ages of 4 and 40! Some of the common hazards leading to accidents are:



- 1. Distractions:** Distractions, such as phones or passengers, can lead to serious accidents.
  - a. A distraction is anything that draws the driver's attention away from the road.
  - b. 20 - 30% of all vehicular crashes are caused by some sort of distraction.
- 2. Aggressive driving:** To prevent accidents, be courteous and share the road with others.
  - a. Aggressive driving may include excessive speed, failure to yield to traffic controls, failure to yield right-of-way, and other inappropriate driving techniques.
  - b. 20 - 30% of all accidents are caused by aggressive driving.
- 3. Fatigued Driving:** Though driving while exhausted may seem relatively harmless, it has serious consequences. Studies have shown that sleep deprivation can have similar effects on your body as drinking alcohol.
  - a. Being awake for 18 hours effects driving the same as a .05% blood alcohol level. (.08% is considered intoxicated in most states)
  - b. Being awake for 24 hours effects driving the same as a .10% blood alcohol level.

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## Quarterly Hot Topic: Mid Year Business Update

by Brad Kahler

Another great report as we cross into the 2nd half the year. There has been exciting things happening around Fort each week, but I'll try to highlight some of the bigger items that have transpired recently.

1. After hearing some feedback from multiple drivers, we are remodeling and adding restrooms at the Morton terminal.
2. We're confirming the deal to add 2 more shop bays at our St. Gabriel terminal to assist with our growing business.
3. And the most recently we're looking at opening a new terminal in the Atlanta area.

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## Safety Message *continued*

Follow these best practices to minimize the chance of being involved in an accident:

- Eliminate distractions
- Never drive while fatigued. Follow Hours of Service regulations
- Obey traffic safety laws
- Be courteous to others
- Keep your equipment in good mechanical condition

**Be Safe Out There!** We want you back in the same condition that you left!

## Hot Topic *continued*

As identified here, these are exciting times at Fort, but we recognize we need to be grounded by our core value of taking care of others to continue on our success path. You'll each have the opportunity to help us identify areas that we can help support you more by participating in an online survey that we'll be sending out shortly. Thank you in advance for helping us define OUR future together.

## 5 Essential Summer Safety Tips

**1. Avoid sunburns like the plague:** According to the Skin Cancer Foundation, getting one blistering sunburn when you are a kid doubles your chances of developing melanoma. It goes without saying the best way to avoid a sunburn is to avoid the sun, but during the warm summer months that is near impossible, so always apply at least an SPF 15 sunscreen to exposed skin 30 minutes before exposure. Also, whenever possible, try to provide shade for your child in the form of umbrellas, loose clothing, long sleeves, light pants and wide-brimmed hats. For children under 6 months old, consult a physician before using any sunscreen. If sunburn occurs and your child starts to feel ill, consult your pediatrician — seek immediate medical attention if your little one's temperature reaches 105 F.

**2. Swim Smart:** According to the Centers for Disease Control and Prevention (CDC), more than 800 children drown every year. That number is scary and beyond heartbreaking. For that reason, when around any body of water with young children and poor swimmers, stay within arm's reach. Secondary drowning occurs after a child has struggled in the water. It is rare and accounts for only 1-2% of drowning cases, but still be aware that if your child has struggled in the water and swallowed water as a result, secondary drowning is possible. Look for these warning signs:

- *Trouble Breathing, chest pain, or cough*
- *Sudden change in behavior*      • *Extreme Fatigue*

The bottom line is that you know your child, after a near drowning incident or long day of swimming, Be aware of any sudden changes from the norm.

**3. Stay Away From Stings and Bites:** With lovely, warm weather comes evil, pesky bugs. Unfortunately, bright colors and floral prints (summer colors!) attract bees and wasps, as do those sweet sticky faces and hands. If you are going to a park or area that you know will have a high concentration of bugs, bees and wasps, stick to clothing with muted light, solid colors.

If your child is stung, don't pull out the stinger with fingers or tweezers. Scrape gently with a credit card to push the stinger out in the direction in which it entered. Once the stinger is out, make a paste out of baking soda and water, or a 0.5% hydrocortisone cream can provide relief.

As for insect repellents... DEET can be toxic! Repellents with 10 to 30% concentrations of DEET can be used on exposed skin, clothing and shoes, but do not apply it to little faces or hands. If you want to avoid DEET, the CDC recommends repellents that are made up with picaridin or oil of lemon eucalyptus, both are non-toxic and work just as well as formulas with low levels of DEET.

The American Academy of Pediatrics (AAP) and the CDC recommend that for children older than 2 months of age, use 10% to 30% DEET. DEET should never be used on children younger than 2 months of age.

Combination sunscreen/insect repellent products should be avoided because sunscreen needs to be reapplied every two hours, but the insect repellent should not be reapplied.

**4. Overheating/dehydration/and heat rashes:** The key to avoiding overheating is to stay hydrated. Never wait for your child to tell you he is thirsty. According to the AAP, your child is already dehydrated when he asks for something to drink, so offer lots of fluids both before going outside, and once your child is outside playing.

Hot, humid weather can lead to blocked sweat glands that lead to nasty rashes in the folds of your child's skin. If this occurs, place your child in a cool, soapless bath. Dry him completely then apply cornstarch powder to the rash, and avoid unnecessary clothing. The rash should clear up in two to three days.

**5. DO NOT LEAVE YOUR CHILD UNATTENDED IN THE CAR FOR A MINUTE!** Next time you are alone in your car, turn it off and count to 60. Within one minute your car can increase by ten degrees. Under no circumstance should your child be left in a car. Even the very best parents and caregivers have been known to forget about a sleeping child in the backseat. A good rule of thumb is to keep a small stuffed animal in the car and every time you get in, place the small stuffed animal in your lap to remind you that your child is in the car. Or place your purse/laptop bag in the backseat with your child, so you have to get in the backseat before leaving your car. This is especially useful in the mornings. This may save your child's life.

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## Driver of the Month April 2018

### Ken Fornoff

Residence: Manito, IL

Drives: 270



This driver is a local delivery driver who is a single father of two young children. Prior to the Syngenta season he came to us and informed us that he would be willing to make child care arrangements if we needed to use him for an overnight delivery and this past month he made good on his word and made child care arrangements to allow him to cover a general chemical load that needed to deliver to Barnsdall, OK due to a driver capacity issue. He is willing to deliver any load that may be dropped in our yard at any time. He now is performing the meter training for each new class when the safety trainer is not available to provide the training. This driver has come in on the weekends to assist with the conversion of the trailers into GRMX, he assists on trailer PM's when needed or with any other shop related item.

This driver has an attitude that is very refreshing here at the terminal. He is friendly with everyone we have never heard a 'No' come from him when we have made a request for his help. The dispatch team never has to worry about what he is doing, he is always on-task. We do not have to provide very much direction to him, since he is so very well rounded in many areas of the operation.

**Please help us in congratulating our Driver of The Month for April, 2018 – Ken Fornoff!**

Mike Bell is an I/C that has made a tremendous impact for the Morton operation. Mike has taken on the following campaigns: AMVAC out of Brooten, MN, GCP out of Chicago, IL and Livonia, GA (Approx 3.5 month campaign) and now running Syngenta out of the Harvey and STG locations. Mike has taken minimal time off and he has really made a turn around after a rough start with Fort Transfer. He is always in a good mood when he speaks to anyone in dispatch and willing to help anywhere for extended period of time. Mike gets along with other drivers in the fleet and we have heard more senior members of the Fort Family say he is a 'valued asset' to us. Mike has been working to

become a safer driver and is very intent on listening to safety when an issue arises, he completes his infiniti training and we do not have to follow up with him to get it completed. Mike has also brought a new driver to Fort in the last training class and thus far the driver he recruited has been running very safely and steady.

**Please help us in  
congratulating our May 2018  
Driver of the Month, Mike Bell!**



## Driver of the Month May 2018

### Mike Bell

Residence: Olathe, KS

Drives: L711MB





## July

3 Joseph Fike  
4 Barry Falgout  
6 Brian Freeman  
7 Logan Schumacher  
9 John Rowell  
9 Roddis Faust  
9 Kenneth Brabham  
10 James Rioux  
11 John Peters Jr.  
12 Scott Hitchcock  
13 Jasper Bates  
14 Gregory Wilson  
15 Jason Shelby  
18 Deena Miller  
19 David Finck  
20 Brad Kahler  
21 James Miller  
22 Scott Hemstrom  
23 Mark Needham  
25 Murray Seal  
26 Eric Hadnot  
27 Chris Rivers  
27 Brooke Roth

## August

1 Michael Boylan  
1 Scott Shaffer  
4 Gaynell Haydel  
5 Richard May  
6 Isaac Scott  
8 Mohammad Karimpour  
8 Gregory Vanderpool  
11 David Proctor  
15 Joshua Pipkins  
19 Terrill Clark  
25 Johnnie Slay Jr.  
31 Charles Grant

## September

1 Darryl Wright  
1 Robert Zimmerman  
4 Kenneth McCarver  
6 Carl Harrell  
6 Marc Poulsen  
8 Marcel Lowery  
13 Garland Hankins  
14 Gary Tisdale  
16 Ronale Reider  
16 Jessie Dixon Jr.  
19 Sean McQueen  
20 Clayton Stephenson  
23 David Prater  
24 Maurice Nash  
24 Michael Farrell

## Anniversaries

July, August, September

### 1 Year

John Rowell  
Melinda Hallmark  
Ishmael Jackson  
Robery Zimmerman  
Roland Sorile  
Stanley Saunders  
Wesley Davis  
Kenneth Fornoff  
Roddis Faust  
Roberty Erby

### 2 Years

Ronald Meyers Sr.  
Ronald Meyers II  
Jasper Bates

### 7 Years

Prentiss Warren

### 14 Years

Robert Carter Jr.  
Edd Scafidel Jr.  
Means Turner

### 3 Years

Gary Cox

### 8 Years

Steven Sorensen

### 16 Years

Brad Kahler

### 4 Years

Keith Clement  
Randall Pohlman

### 11 Years

Joseph Lacour

### 5 Years

David Burris

